



Ineligible Operations

FITNESS & WELLNESS

Ineligible Individuals:

- Any applicant that does not have a license as required by state and/or local jurisdictions
- Any applicant whose operations include anything on the below 'Other Ineligible Activities/Operations' list
- Coaches/instructors of the following sports: cheerleading, diving, gymnastics, or scuba diving
- Doulas
- Healthcare providers, including but not limited to acupuncturists, applied kinesiologists, chiropractors, dentists, naturopaths, occupational therapists, osteopaths, physical therapists, physicians, surgeons
- Law enforcement
- Lifeguard trainers
- Massage therapists
- Mental health professionals, including but not limited to counselors, psychiatrists, psychologists, or therapists
- Metabolic technicians
- Nutritionists/dieticians who provide prescriptions, medical advice, and/or supply clients with medicinal supplements or steroids
- Spa/salon professionals, including but not limited to aestheticians/estheticians, beauticians, cosmetologists, and manicurists
- Swim instructors using their own residential pool

Ineligible Classes of Studios/Businesses:

- Any business providing healthcare or medical services, including but not limited to those of acupuncturists, applied kinesiologists, chiropractors, dentists, naturopaths, occupational therapists, osteopaths, physical therapists, physicians, surgeons
- Any business providing mental health services, including but not limited to counselors, psychiatrists, psychologists, or therapists
- Gymnastics or cheerleading studios
- Traditional boxing gyms or traditional kickboxing gyms
- Self-defense training centers for military or law enforcement
- Spas/salons/med spas

- Sport-specific training centers, including batting cages or golf simulators
- Swim schools
- Studios/businesses that offer any of the below ineligible activities/operations

Other Ineligible Activities/Operations

Aerial or acrobatic activities, including but not limited to:

- Aerial/acro yoga
- Bungee jumping
- Gyroscope/Standup Gyroscope
- Kangoo jumps/jumping stilts
- Pole dancing
- Rope climbing
- Silks
- Trapeze
- Yoga swings

Advanced sports/outdoor recreational activities listed below:

- Bubble ball soccer
- Climbing walls
- Kayaking
- Martial arts that permit full contact sparring, kicking motions to the head during sparring, or use of sparring with unpadded weapons
- Mountain biking
- Mountain/rock climbing
- Ninja warrior
- Obstacle courses
- Open water activities
- Parkour/free running
- Pickleball
- Racquet ball
- Rugby
- Skateboarding
- Skating (ice, roller, or inline)
- Slackline yoga
- Squash
- Strong Man activities
- Skiing
- Snowboarding
- Snowga
- Surfing (wind or ocean)
- Waterskiing/wakeboarding
- Whitewater rafting
- Wilderness hiking

Massage therapy and other manual therapy techniques, including but not limited to:

- Ashiatsu body work
- Bowenwork
- Chapman reflex point massage
- Craniosacral therapy
- Cupping
- Electrical Muscle Stimulation (EMS)
- Fascial stretch therapy
- FMT blades & blades advanced
- Functional technique
- Lymphatic draining
- Muscle energy technique
- Myofascial release technique
- Neurokinetic therapy
- Neuromuscular technique
- Pain neutralization technique
- Primal reflex release technique
- Proprioceptive - deep tendon reflex (p-dtr)
- Roling
- Rossiter stretching
- Strain counterstrain technique/positional release technique
- Structural integration
- Thai massage/therapy/bodywork/yoga
- Yamuna body rolling

Med spa, spa, or salon operations, including but not limited to:

- Body slimming/sculpting/tempering/wraps,
- Botox or other injectables
- Cryotherapy
- Hydro-colonic therapy
- Hyperbaric therapy
- Ionized foot spas
- Laser light therapy
- Micro-blading,
- Micro-needling,
- Tanning beds/spray tanning

Mental therapy services, including but not limited to:

- Akashic healing
- Body-psychotherapy
- Emotional freedom techniques
- Holotropic breathwork
- Music therapy
- Past-life regression therapy
- Psychotherapy
- Shamanic healing
- Somatic education (psychotherapy-based)
- Theta healing

FITNESS & WELLNESS - *continued*

Miscellaneous ineligible

activities/operations:

- Animal Reiki/yoga or any activity involving animals (including but not limited to dogs, horses, and goats)
- Autism Movement Therapy
- Cannabis related products
- Childbirth classes
- Chinese Lion Dancing
- CPR/First Aid/AED instruction
- Egoscue
- Hand Balance
- Holy Yoga Touch
- Hot stone yoga
- Hypnosis, including but not limited to hypnotherapy, Hypno-Reiki, and Quantum Healing Hypnosis Therapy
- KAATSU (Blood Flow Restriction Training)
- Lactation instruction
- Matter of Balance
- MovNat
- Neuro Linguistics Programming (NLP)
- Neuromuscular reeducation
- Piercing
- Positional therapy (for sleep)
- Quantum Magnetic Resonance Analyzer (QMRA)
- Rhythmic Movement Training
- Shockwave therapy (ESWT)
- Tarot card readings/psychic readings
- Tattooing
- Tension and Trauma Releasing Exercises (TRE)
- Training others to be trainers
- Training of professional athletes
- Urban Zen Integrative Therapy
- Wim Hof

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