## BOTTLE WARMING DO'S AND DON'TS

## DO'S:

- Serve the bottle chilled or at room temperature
- If warming, hold the bottle under warm tap water at a max temperature of 110F
- Place the bottle in a container of warm tap water at a max temperature of 110F for 5 minutes
- Warm bottles and/or food in an area separate from children if possible
- Secure power cords to bottle warmers and other appliances and keep them out of the reach of children
- Always test the temperature of the warmed bottle's contents before feeding by gently swirling the bottle and shaking a few drops on the inside of the wrist

## DON'TS:

- Do NOT use a microwave or slow cooker/crock-pot to warm a bottle, baby food, or heat water
- Do NOT hold a child while warming a bottle
- Do NOT warm a bottle in an area where children are located
- Do NOT boil water or use water with a temperature above 110F when warming a bottle
- Do NOT allow cords from appliances to hang within a child's reach



833.PHLYRMS | PHLYRMS@phly.com

LEARN MORE

## **REFERENCES & RESOURCES**

For more information, including sample forms and documents, please visit the <u>MyPHLY Risk Management Services Portal</u>



A Member of the Tokio Marine Group

The information presented in this document is advisory only. It is not intended to be complete or definitive in identifying specific hazards associated with your business, preventing workplace accidents, or complying with any laws or regulations You are encouraged to alter the information to fit the specific hazards of your business and to have your legal counsel review your plans and company policies.