BOTTLE WARMING DO'S AND DON'TS

DO'S:

- Serve the bottle chilled or at room temperature
- If warming, hold the bottle under warm tap water at a max temperature of 110F
- Place the bottle in a container of warm tap water at a max temperature of 110F for 5 minutes
- Warm bottles and/or food in an area separate from children if possible
- Secure power cords to bottle warmers and other appliances and keep them out of the reach of children
- Always test the temperature of the warmed bottle's contents before feeding by gently swirling the bottle and shaking a few drops on the inside of the wrist

DON'TS:

- Do NOT use a microwave or slow cooker/crock-pot to warm a bottle, baby food, or heat water
- Do NOT hold a child while warming a bottle
- Do NOT warm a bottle in an area where children are located
- Do NOT boil water or use water with a temperature above 110F when warming a bottle
- Do NOT allow cords from appliances to hang within a child's reach



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REFERENCES & RESOURCES

For more information, including sample forms and documents, please visit the <u>MyPHLY Risk Management Services Portal</u>



A Member of the Tokio Marine Group

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